**Report from Professor Elizabeth Kendall**

In 2008, the Griffith University team consisted of one Professor, two Post-doctoral and one full-time research fellow and six part-time support staff. Fourteen key projects were commenced or progressed during the year.

During the year, the team produced sixteen publications in peer-reviewed journals (such as Social Science and Medicine, Disability and Rehabilitation, Australian Health Review) with another three manuscripts submitted. Nine industry reports were finalised. There have been three Nationally Competitive Grants submitted this year, we were unsuccessful with one and are still awaiting the outcome of the other two.

The team supervised seven PhD students, two Masters students and two Honours students. Several projects resulted in significant outcomes for practice and policy this year. There is evidence of use of our research findings in courses at Flinders University and other Queensland universities around studies of self-management and community rehabilitation.

We have facilitated ongoing research partnerships with key stakeholder organisations and health services to enable research to contribute to planning and policy decisions with inclusion of MAIC in these partnerships.

The Griffith research team has provided expertise and advice for health services and rehabilitation providers in the community on brain injury rehabilitation, younger people with complex care needs following traumatic injury/illness, and self-management following traumatic injury/illness.

Research findings in the area of vocational rehabilitation are being used in the training delivered by the Accident Compensation Corporation in New Zealand.

The team has maintained their existing collaborations and have developed new collaborations in 2008 with G-Plan, the Logan-Beaudesert Coalition, Multi-Link Services, AccesServices Inc., Access Arts and Gold Coast Division of General Practice.

The team continues to actively provide representation on key advisory panels (Queensland Health, Acquired Brain Injury Outreach Service, Queensland Self-Management Alliance, Flinders University Self-Management). We also attended the Spinal Injuries Awareness Classic Wallabies function to promote MAIC research.
## Project 1

<table>
<thead>
<tr>
<th>Programme</th>
<th>Vocational and Community Research</th>
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</thead>
<tbody>
<tr>
<td>Project Title</td>
<td>Evaluation of the ABIOS STEPS intervention: A state-wide intervention</td>
</tr>
<tr>
<td>Chief Investigator</td>
<td>A/Prof Elizabeth Kendall, Dr Heidi Muenchberger</td>
</tr>
</tbody>
</table>

*COLLABORATORS:*
ABIOS – (Acquired Brain Injury Outreach Service, Brisbane) Ray Quinn, Areti Kennedy, Sue Wright

*BACKGROUND (Ongoing Project)*
Evaluate individual change in health and well-being over time following participation in the STEPS intervention. Specifically, the evaluation will identify the indicators of success for the intervention and the factors that facilitate positive outcomes.

*PROGRESS / OUTCOMES - 1 May 2008 TO 31 October 2008:*
1. Publication currently being produced for submission in December 2008.
2. Project Finalised
3. ABIOS has acquired recurrent funding for the project

Does this project meet Research KPI 1 for (a) X (b) X (c) X (please tick)

## Project 2

<table>
<thead>
<tr>
<th>Programme</th>
<th>Vocational and Community Research</th>
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</thead>
<tbody>
<tr>
<td>Project Title</td>
<td>Traumatic Injury: Management of Recovery and the prediction of well-being</td>
</tr>
<tr>
<td>Chief Investigator</td>
<td>Prof Elizabeth Kendall, Prof Wendy Chaboyer, Dr Leanne Aitkin, Prof Nicholas Bellamy</td>
</tr>
</tbody>
</table>

*BACKGROUND (Ongoing Project)*
This study involved a prospective cohort design, using both quantitative and qualitative methods with data collection at hospital discharge, three and six months post-discharge. Quantitative surveys measuring demographics, injury and treatment data, general health, self efficacy, illness perceptions, autonomy, self advocacy, knowledge and support, decision making styles and continuity of care were administered.

PROGRESS/OUTCOMES – 1 May 2008 – 31 October 2008
Preliminary data analysis has commenced on the discharge and 3 month data. As soon as the remaining data is received from QTR, and we have reached the limit of the follow-up strategies, we will know our final sample, and the more complex multivariate and time-series analyses will commence. Current indications are that we will have acceptable response rates, that our data fits the psychometric properties expected of the instruments used, and that the data will meet the assumptions required for the more complex analyses.

*PROGRESS / OUTCOMES - 1 May 2008 TO 31 October 2008:*
1. Journal articles and conference papers are now in preparation.

Does this project meet Research KPI 1 for (a) X (b) X (c) X (please tick)
### Project 3

<table>
<thead>
<tr>
<th>Program</th>
<th>Vocational and Community Research</th>
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</thead>
<tbody>
<tr>
<td>Project Title</td>
<td>An Exploratory Pilot Study to Understand the Support Needs of Volunteer Leaders of the Self-Management Program.</td>
</tr>
<tr>
<td>Chief Investigator</td>
<td>Prof. Elizabeth Kendall &amp; Ms Tara Catalano</td>
</tr>
</tbody>
</table>

**COLLABORATORS – name and organization:**
Queensland Self-management Alliance - Ms Beth Hunter

**BACKGROUND (Ongoing Project)**
To explore the experiences, motivators, support and ongoing training needs of Queensland leaders (both health professionals and laypersons) trained to deliver Self-Management courses;
To elucidate gaps or limitations in leaders' skills, knowledge, and confidence to deliver courses;
To develop recommendations for improving the support and training offered to in order to target and strengthen these areas.

**PROGRESS / OUTCOMES - 1 May 2008 TO 31 October 2008:**
1. Publication has been completed
2. Project is finalised and is being translated into a support program in Logan.

### Project 4

<table>
<thead>
<tr>
<th>Program</th>
<th>Vocational and Community Research</th>
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</thead>
<tbody>
<tr>
<td>Project Title</td>
<td>Collective approaches to well-being: Culturally respectful research.</td>
</tr>
<tr>
<td>Chief Investigator</td>
<td>Professor Elizabeth Kendall; Ms Leda Barnett, Ms Judith Milliken, Dr Saras Henderson</td>
</tr>
</tbody>
</table>

**COLLABORATORS – name and organization:**
A partnership of Indigenous communities

**BACKGROUND (New Project)**
This project is underpinned by the Indigenous self-management project. The research in this area has developed into a team approach that focuses on collective approaches to well-being and culturally respectful research. We are operationalising a number of important principles in this research agenda and establishing ways in which respectful research can occur in future. The proposed principles are:

a) Formal negotiated research relationships with traditional owners
b) Respect for Indigenous ways of knowing and Indigenous knowledge
c) Promotion of participatory community-based methods and localised responses to the needs of Indigenous people
d) Appropriate collaboration between Indigenous and non-Indigenous researchers
e) Commitment to growth and development of Indigenous researchers

**PROGRESS / OUTCOMES - 1 May 2008 TO 31 October 2008:**
1. Publications have been prepared and submitted (5 submissions)
2. Project lessons have been translated into a project in Beaudesert using touch screens.

Does this project meet Research KPI 1 for (a) X (b) or (c) X *(please tick)*
### Project 5

<table>
<thead>
<tr>
<th>Programme</th>
<th>Vocational and Community Research</th>
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</thead>
<tbody>
<tr>
<td>Project Title</td>
<td>Intersections Symposium on therapeutic and creative motivations for art making</td>
</tr>
<tr>
<td>Chief Investigator</td>
<td>Dr Naomi Sunderland, Dr. Heidi Muenchberger, Ms. Tara Catalano</td>
</tr>
</tbody>
</table>

**COLLABORATORS:**  
Emma Bennison, Access Arts Queensland

**BACKGROUND (New Project)**  
The Intersections Symposium brought community arts practitioners together with health and community workers and people with disability to enhance links between creative and therapeutic motivations for art making in community contexts. The Symposium was held at Griffith University South Bank 17-18 March 2008. The Symposium was being co-hosted by the Griffith Abilities Research Program and CONROD-Griffith in association with Access Arts Queensland.

**PROGRESS / OUTCOMES - 1 May 2008 TO 31 October 2008:**
1. Feedback from symposium was extremely positive from all parties. Disability Services Queensland contacted us asking that the outcomes be included in their submission to Federal Government on Disability Arts and Employment.
2. Participants have requested that the network of people involved consider running the event annually.
3. The book proposal of papers from the symposium will be submitted by end of November to Jessica Kingsley Publishers.

Does this project meet Research KPI 1 for (a) X (b) or (c) X (please tick)

### Project 6

<table>
<thead>
<tr>
<th>Programme</th>
<th>Vocational and Community Research</th>
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</thead>
<tbody>
<tr>
<td>Project Title</td>
<td>The development of Bi-lingual Natural Helpers to address the lack of access to services by culturally and linguistically diverse (CALD) Australians in the community</td>
</tr>
<tr>
<td>Chief Investigator</td>
<td>Associate Professor Elizabeth Kendall &amp; Dr Saras Henderson</td>
</tr>
</tbody>
</table>

**COLLABORATORS:**  
SQIT TAFE (Ms Andrea Harris), the Multicultural Chronic Disease Partnership (Mr Fazil Rostam, QLD Health Convenor, Southside District), Queensland Self-Management Alliance (Ms Beth Hunter), Access Services (Gail Kerr), Multilink Inc (Peter Forday)

**BACKGROUND (New Project)**  
This project focuses on the use of natural helpers to work with CALD communities to promote health and well being. This new model incorporates the use of formally trained Bi-Lingual natural helpers drawn from the local community. By virtue of their background and position in the community, these natural helpers will draw on their existing community linkages in a culturally appropriate way to act as a bridge between the communities and the service system. They will advocate for improved access, ensure that local communities are consulted appropriately and support them in their interpretation and use of services. It is also important to ensure that local input is equitable and that sustainability issues are examined.

**PROGRESS / OUTCOMES - 1 May 2008 TO 31 October 2008:**
1. All consultation data has been collected
2. A model of intervention has been designed with the community
3. Systematic review has been sent for publication.

This project meet Research KPI 1 for (a) X (b) or (c) X ? (please tick)
### Project 7

<table>
<thead>
<tr>
<th>Programme</th>
<th>Vocational and Community Rehabilitation</th>
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</thead>
<tbody>
<tr>
<td>Project Title</td>
<td>A review of the Spinal Cord Injuries Response (SCIR)</td>
</tr>
<tr>
<td>Chief Investigator</td>
<td>Dr Pat Dorsett, Prof Elizabeth Kendall, Dr Heidi Muenchberger, Prof Lesley Chenoweth, Dr Jayne Clapton</td>
</tr>
</tbody>
</table>

**COLLABORATORS**: Disability Services Queensland, Queensland Health, Princess Alexandra Hospital

**BACKGROUND**: (Ongoing Project)

The project examined and reported on the outcomes of the Spinal Cord Injuries Response, benefits to key stakeholders and the cost effectiveness of the program. The findings of the research were used to inform the strategic planning and policy formation of spinal cord injury service delivery, and improve the service planning for people with spinal cord injury.

**PROGRESS / OUTCOMES - 1 May 2008 TO 31 October 2008:**

1. Project is complete – final report delivered and approved
2. Workshop run for key stakeholders to develop SCIR further
3. Publications are being prepared.

Does this project meet Research KPI 1 for (a) X (b) X or (c) X? *(please tick)*

### Project 8

<table>
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<tr>
<th>Programme</th>
<th>Vocational and Community Research</th>
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</thead>
<tbody>
<tr>
<td>Project Title</td>
<td>Evaluation of Youngcare: An accommodation option for people with high health and high support needs</td>
</tr>
<tr>
<td>Chief Investigator</td>
<td>Dr Heidi Muenchberger, Prof Elizabeth Kendall, A/Prof Judy Wollin</td>
</tr>
</tbody>
</table>

**COLLABORATORS**: Wesley Mission Brisbane, Youngcare, School of Nursing Griffith University.

**BACKGROUND**: (Ongoing Project)

This study is an empirical evaluation of an independent living option for younger people with continual care needs. Within a Logic model framework, the evaluation will consider the contextual elements required to deliver such a model of care, resources available, activities that have/will occur, intermediate outcomes and overall impact and sustainability of the initiative. A longitudinal cohort study will be undertaken using a mixed-methods design. Key outcome indicators include individual quality of life and community partnership experiences. Youngcare residents, their family and staff working in the Youngcare apartments will be invited to participate in the evaluation. In addition, the perceptions of key stakeholders involved in the implementation of Youngcare will be sought.

**PROGRESS / OUTCOMES - 1 May 2008 TO 31 October 2008:**

1. Second-round interviews have been completed for the residents that have made the transition from current care arrangements to Youngcare.
2. Funding has been gained for a PhD scholarship to complete the project.

Does this project meet Research KPI 1 for (a) X (b) X or (c) X? *(please tick)*

### Project 9

<table>
<thead>
<tr>
<th>Programme</th>
<th>Vocational and Community Research</th>
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<tbody>
<tr>
<td>Project Title</td>
<td>1000 Voices</td>
</tr>
<tr>
<td>Chief Investigator</td>
<td>Professor Lesley Chenoweth &amp; Dr Naomi Sunderland</td>
</tr>
</tbody>
</table>

**COLLABORATORS**: 
The purpose of this project is to collect and display 1000 life narratives from people with disability from around the world. With this collection of narratives we hope to build awareness of the lived experiences of people with disability; to provide opportunities for people with disability to have their own voice in determining how their lives are seen and heard; and to make sure that these voices become part of ongoing research, service, and policy development activity in Australia and beyond. The project will centre on a public interactive website that will display and catalogue a minimum of 1000 life narratives from participants in Australia and participating countries. These life narratives will be presented in a number of multimedia and textual formats to accommodate our participating narrators’ communication strengths and weaknesses.

**PROGRESS / OUTCOMES – 1 May 2008 TO 31 October 2008:**
1. The website is now functional but is not open to the public;
2. We received $10000 from the Q150 Grant to gather 5 life narratives of prominent successful Queenslanders with disabilities to display as the inaugural content for the website. The Q150 have asked us to delay the public launch to coincide with Q150 celebrations.
3. Confirmed participation for universities in other countries and within Australia.
4. Content has already been submitted including life narratives of people with acquired brain injury.

This project meet Research KPI 1 for (a) X (b) or (c) X ? *(please tick)*

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**Project 10**

<table>
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<tr>
<th>Programme</th>
<th>Vocational and Community Research</th>
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<tbody>
<tr>
<td>Project Title</td>
<td>Moral Distress in Community-based Research</td>
</tr>
<tr>
<td>Chief Investigator</td>
<td>Dr Naomi Sunderland, Ms Tara Catalano &amp; Professor Elizabeth Kendall</td>
</tr>
</tbody>
</table>

**COLLABORATORS:**

**BACKGROUND (New Project)**

This national multi-phase project will examine the prevalence and effects of moral distress among community based researchers in Australia who work with vulnerable populations such as Indigenous and migrant communities and people with chronic illness and disability. The research will also investigate the training and support needs for Community Based Researchers (CBR) who work with vulnerable populations.

**PROGRESS / OUTCOMES - 1 May 2008 TO 31 October 2008:**
1. Data analysis complete. Data has produced significant findings for community-based health researchers.
2. Final draft report is currently being reviewed by co-investigators due for release by December 2008.
3. Unsuccessful ARC Discovery submission
4. Publication due to be completed by January - March 2009

This project meets Research KPI 1 for (a) X (b) or (c) X ? *(please tick)*

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**Project 11**

<table>
<thead>
<tr>
<th>Programme</th>
<th>Vocational and Community Research</th>
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<tbody>
<tr>
<td>Project Title</td>
<td>Healthy Places: Putting health in context</td>
</tr>
<tr>
<td>Chief Investigator</td>
<td></td>
</tr>
</tbody>
</table>

**COLLABORATORS:**

Logan Beaudesert Health Coalition, Ms Debbie Cowan
**BACKGROUND** (New Project)
Understanding how place can influence health and well-being
Increasing the capacity of community to understand and respond to local health issues
Protecting and supporting the social structures that can contribute to health and well-being
Encouraging different settings to engage in health promotion and prevention of injury/illness.

**PROGRESS / OUTCOMES - 1 May 2008 TO 31 October 2008:**
1. ARC Linkage grant obtained.
2. Early consultation and data collection completed.
3. Findings presented at local workshops.
4. Three publications invited and accepted into Australian Journal of Primary Health Care: Special Issue.

This project meets Research KPI 1 for (a) X (b) or (c) X ? (please tick)

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**Project 12**

<table>
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<th>Programme</th>
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<tbody>
<tr>
<td>Project Title</td>
<td>Capable Consumers: Managing our own health</td>
</tr>
<tr>
<td>Chief Investigator</td>
<td>Professor Elizabeth Kendall, Dr Heidi Muenchberger, Ms Carolyn Ehrlich</td>
</tr>
<tr>
<td><strong>COLLABORATORS:</strong></td>
<td>Logan Beaudesert Health Coalition, Ms Debbie Cowan</td>
</tr>
</tbody>
</table>

**BACKGROUND** (New Project)
This is a two year project that aims to understand the health-related experiences of consumers accessing health care provision within the geographical area defined by the Logan Beaudesert Health Coalition. Specifically, the project seeks to understand the interaction between consumers and the health care system and how individual values and beliefs impact on health outcomes. Development of this level of understanding of consumer experience will include ascertaining the processes that people use to adjust to and manage their health, and identify ways in which consumers can be actively engaged in health related interventions.

**PROGRESS / OUTCOMES - 1 May 2008 TO 31 October 2008:**
1. Project scoping commenced
2. Literature review commenced
3. Methodological design commenced

This project meets Research KPI 1 for (a) X (b) or (c) X ? (please tick)
### Project 13

**Program**  
Vocational and Community Rehabilitation

**Project Title**  
Active Care Management Program

**Chief Investigator**  
Professor Elizabeth Kendall, Dr Heidi Muenchberger, Ms Ronita Neal, Ms Carolyn Ehrlich

**COLLABORATORS:**  
Gold Coast Division of General Practice – Jon Goodman, Robyn Stout

**BACKGROUND (brief overview):**  
This is a nine-month area prospective intervention trial within a defined geographical area (Gold Coast Division of General Practice) that aims to increase the coordination of health care for individuals with long term conditions accessing General Practice. This study involved a participatory action research project designed to develop a model of coordinated care for implementation by Practice Nurses within General Practice. Ethical clearance was granted through Griffith University.

The current pilot study aims to:
- Understand current barriers and facilitators of care coordination within General Practice
- Design an intervention for implementation by Practice Nurses within General Practice
- Pilot the intervention within a defined population of individuals and General Practices

**PROGRESS / OUTCOMES - 1 MAY TO 31 OCTOBER (include any publications):**

1. Focus groups conducted to identify barriers and facilitators
2. Intervention design completed
3. Training of Practice Nurses regarding the intervention completed
4. Trial commenced
5. Data collection commenced
6. Publication of initial results submitted.

This project meets Research KPI 1 for (a) X (b) or (c) X ? (please tick)

### Project 14

**Program**  
Vocational and Community Rehabilitation

**Project Title**  
Coordinated Care Concept Analysis

**Chief Investigator**  
Professor Elizabeth Kendall, Dr Heidi Muenchberger, Dr Kylie Armstrong, Ms Carolyn Ehrlich

**COLLABORATORS:**  
General Practice Queensland, Libby Morrow, Ann-Marie Liddy

**BACKGROUND (brief overview):**  
This was a six month project aimed at identifying the components of Coordinated Care through analysis of the concept and providing a report to General Practice Queensland for distribution amongst Divisions of General Practice within Queensland. Coordinated care is a term frequently used to describe an approach to health care delivery in a complex primary health care system. However, the elements constituting the concept are not completely understood, nor clearly defined. Rather the term is often used simultaneously and interchangeably to conceptualize the structure, process, philosophy and interpersonal dimensions of care delivery. This project sought to explore current literature and develop an understanding of the attributes of coordinated care.

**PROGRESS / OUTCOMES - 1 MAY TO 31 OCTOBER (include any publications):**

1. Literature Review complete
2. Analysis of concept complete
3. Final Report complete
4. Publication in press.

This project meets Research KPI 1 for (a) X (b) or (c) X ? (please tick)
Publications List

Books/Chapters - 4


Refereed Journals - 5


In Press - 7


Submitted - 4

to Health Education and Behaviour.

Kendall, E., Muenchberger, H. Practice-Based Model of Care Coordination. Submitted to Health Expectations.

Muenchberger, H. Determinants of avoidable hospitalisation in Chronic Disease. Submitted to Medical Care and Research.


**Industry Reports - 9**


**Presentations - 14**


